

AUGUST BIRTHDAYS

August 2	Margo Christensen Deanna Garwood Chloe Ellen Jens Jaden Liebsch	August 10	Wesley Carlson August 11 Chuck Good Marcia Peterson	August 17	Addison Walker Parker Craighton
August 4	Brandon Brend Kevin Paulsen Justin Velky	August 12	Jeff Emerson Julee Hornberg Ella Pfiffner Brittney Rose	August 18	Mark Erickson
August 5	Stephanie Haberer Addison Liebsch Linda Morgan	August 13	Norma Crosman Elyse Fisher Kim Lewiston	August 19	Deb Carlson Mona Satre August 21 Clara Kruse
August 6	Todd Leemkuil Hailey Moore Colton Young	August 14	Mark Dorr Brenda Fisher Kim Meimann	August 22	Bella Bryan Cindy Christensen
August 7	Donna Christensen Channing Craig	August 15	Ken Elsberry Susan Kallem	August 24	Amelia Schroeder
August 8	Tyson Perdue	August 16	Kathy Carlson Tricia Cooper	August 26	Lisa Sheirbon
August 9	Tom Kauffman Kim Rinker Ken Townsend			August 27	Linda Lewiston
				August 28	Linda Bolton
				August 30	Sue Bogue Bryant Hunter Diane Nicklos
				August 31	Rita Brueland



HAPPY ANNIVERSARY

Tom & Freda Perdue	August 3	Andrew & Katy Heineman	August 5
Kim & Greg Lewiston	August 5	Jim & Sue McConnell	August 9
Bernie & Evelyn Lewiston	August 10	Chad & Tonya Curry	August 13
Craig & Teresa Davenport	August 16	Bill & Jenni Johnson	August 17
Gary & Carlotte Paulsen	August 18	Kim & Kendal Paulsen	August 26

Summer Splash was enjoyed by 86 people and we raised \$351 for the Ogden Good Samaritan Fund! How did you like the Summer Splash service? Please click this link <https://forms.gle/zxvCq8cucndDQR5z8> and give the team your feedback! Your insights and feedback will help make it even better for next year. Contact the office with your questions. Thank you!



Impact

² Devote yourselves to prayer, being watchful and thankful. ³ And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. ⁴ Pray that I may proclaim it clearly, as I should. ⁵ Be wise in the way you act toward outsiders; make the most of every opportunity. ⁶ Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

August 2023

Community United Methodist Church

Colossians 4:2-6(NIV)

Greetings Fellow Children of God at Community UMC!

I've been praying for all of you. I've spoken each of your names in thanksgiving and grace. During the last few weeks, I've met many of you and I'm looking forward to meeting more of you in the coming months and hearing more stories. Thank you for all your insights, your laughter and most of all, answering all my questions. Not to worry, there will be more questions to come. And so, I pray.

As disciples and believers in Christ, we are called to pray. "Devote yourselves to prayer," as Colossians says above or one of my favorites is, "pray without ceasing," from First Thessalonians 5. And while we aren't the only religion to pray (our Jewish and Muslim cousins pray too, among others), we pray as Jesus instructed us too. Plus, it's good for your soul, but it's also good for your body. According to one of the few studies done, prayer has been known to calm your nervous system, shutting down your fight or flight response. Prayer can make you less reactive to negative emotions and less angry. And so, I pray.

Prayer is a conversation with God, and it can take many forms. It can be loud and noisy, silent, and still or even in song. I prefer to pray when I hike in the woods. It uses all my senses and keeps me present in the moment. And yes, screaming and shouting at God counts. Even if you're yelling at God, you're still conversing with the creator of the universe.

Thus, not only have I been praying for each of you, but I've also been praying for us as a collective and complex community. What has God got in store for us next? Where is the Holy Spirit leading us as a body of Christ within Ogden and beyond?

So, this is my challenge to you, your family and even your little ones for the month of August; pray. Pray for each other, pray for the community of Odgen, pray for rain, pray for gas prices, and pray for the revelation of the right next step of God's will for CUMC. Devote yourself to prayer in August. And if you don't know how to pray, reach out and let's chat. Just know that I will be praying for you!

Bonded to you in Peace, Pastor Heidi

Summer Sunday Morning

9:00 am Worship
10:00 am Fellowship

Staff and Contact Information

Lead Pastor—Heidi Farmer
515-599-7220 cell

Pastoral Assistant—Justin Crocheck
515-432-3284
515-291-0763 cell
ccc042@msn.com

Financial Secretary—Maggie Fuller
Office Assistant— Deanna Moe
515-275-4015
319-830-0851 cell
cumc@netins.net

Organist and Accompanist—
Cathy Aldrich and Jan Froning

Vocal Choir Director—David Larsen
Worship Music Coordinator—
Carol Christensen

Custodians—Russ & Melisa Stevens
Treasurer—Lori Kimsey
cumctreasurer@netins.net

Church Address—Website

Community United Methodist Church
337 SW 2nd St
P.O. Box 759
Ogden, Iowa 50212-0759
www.cumcogden.org
Follow us on Facebook!

Sermons Online

View sermons under “Sunday Services”
tab online at the church’s homepage.

Summer Office Hours

Monday and Friday: 9 am -12 pm

Summer Hours:

Early summer worship continues at 9 am!

The church office will be open on Monday and Friday mornings, 9 am-12 pm. Deanna will work from home the other days, and will be checking email regularly. If you need assistance right away, her cell is 319-830-0851. *Thank you for being flexible over the summer!*

Family and Friends in Our Prayers

Please pray for our CUMC friends: family of Ron Jome; family of Sandra Shaw, family of Glenace



Doran; Lynn Smith;
Joyce Miller’s daughter,
Melissa and her family;
Janice Anderson; Amber
King; Pastor Heidi and
family; Travis Clark.

Members and Friends in Care

Ogden Manor: Norma Jean Herridge
Suites of Ankeny: Vivian Christensen
Westhaven: Millie Henriksen
Eastern Star: Janice Anderson— she has recently moved to the Hearth Stone Unit at Eastern Star, and is in Room 5W.



Follow us on Facebook for the latest information on events! Search for Ogden Community United Methodist Church. If you’d like to receive weekly emails from CUMC, be sure to let to the office know your email address!

MISSION TEAM UPDATE

CUMC Mission Team is ready to promote the **2023 Ingathering** for the Iowa Conference of the United Methodist Church.

The purpose of Mission Ingathering is to show the love of Christ to the world's people by ministering to their needs and to work together as a community to collect as many donations as possible. At our meeting on July 20 we decided to ask our congregation to contribute as many **Student Kits and Personal Dignity Kits** as possible. Copies of the list for each of these kits will be available in the Courtyard by August 1. We would like for individuals and small groups to shop for and bring complete kits to the church anytime between **August 1 and October 20**. An Ingathering container will be ready for the kits.

Yes, October 20 may seem a long time from now but August is a great time to shop for school supplies and also personal items. A cloth bag is needed for the student kits and we will provide copies of the pattern and instructions for making them. You may bring the items for a student kit in a plastic zipper bag or a grocery bag. We hope to find volunteers to help make the cloth bags needed. Let us know if you can cut or sew!

Our team will be responsible for checking and packing the kits as well as recording the \$2 cash donations for each one. We may need help at that time, also. The actual Ingathering Day is November 4, 2023 at five Iowa UM church sites; our Aldersgate District location is Trinity United Methodist Church in Fort Dodge. **All of this information is available online at www.IAUMC.org/ingathering.**

Our team members are: Stephanie Baitinger, Mary Ann Christensen, Jan Jome and Jan Tryon.
How many kits do you think CUMC can make this year??

Fresh Expressions is a movement that is cultivating new forms of church alongside existing congregations in order to reach the changing world. Want to learn what this might mean for CUMC? All laity and pastors are invited to a workshop on Monday, August 28, 2023 from 10 am - 4 pm at New Hope United Methodist Church, led by Reverend Dr. Michael Beck. Pastor Heidi is already registered and you can go with her! Click this link to register <https://iaumc-reg.brtapp.com/FreshExpressionsTrainingwithMichaelBeck> yourself and let Pastor Heidi you want to go.





United Women in Faith at CUMC

We had a nice break in July, but we're back to our regular meeting UWIF meeting on Sunday, August 13th at 10:30 am (we'll get started after most of us have a chance to grab a coffee and treat from Fellowship).

Ladies of CUMC, please consider joining our group! We are dedicated to serving CUMC and the larger organization of United Women on Faith in the United Methodist Church. We have a fun and impactful community-wide Women's event planned in September that we need many hands to organize and accomplish. Ask in the office to be added to our communication emails. Having a group of sisters in Christ is such a blessing!

United Women in Faith August Schedule

Sunday, August 13— 10:30 am	UWIF meeting
Wednesday, August 16—10:00 am	Accura Ogden Manor Visit (we need a volunteer to bring 2 dozen cookies)
Wednesday, August 16— 1:30 pm	Faith Circle
Monday, August 21 – 7:00 pm	Glory Circle

What are your spiritual gifts??

Have you taken a Spiritual gifts inventory to find out? Spiritual gifts are not talents or skills. Visit the link below to learn more about you and your spiritual gifts. Once you've completed it, set-up some time with Pastor Heidi to review and discuss! We can work out a plan to try out your gifts within CUMC.



<https://www.umcdiscipleship.org/articles/an-introduction-to-spiritual-gifts>



- Communion will move to the first Sunday of each month, beginning in September.
- Pastor Heidi and her family will be on vacation from August 2nd to August 9th. Please pray for travel mercies for her family!
- Pastor Heidi's Sabbath day is currently Mondays.

Please respect her time to rest and recharge for the coming week.

- On Sunday, August 20th, we'll be blessing backpacks for students and teachers, so bring your backpacks to worship that day!
- When she is back from vacation, Pastor Heidi wants to visit with you! Keep your eyes out for a sign-up sheet about hosting dinners with Pastor Heidi and her family. She wants to hear your stories and dreams for CUMC. Please contact the office with



Glenace Doran passed away on June 14, 2023 at Friendship Haven in Fort Dodge, Iowa. Pastor Evelyn Lewiston officiated at a graveside service for her on Tuesday, June 27, 2023.




November 8, 1931 to June 14, 2023.

Sandra Shaw entered into rest on July 8, 2023 at Israel Hospice House in Ames. Her funeral services were held on July 12 at the Foster Funeral home in Webster City.

September 22, 1936 to July 8, 2023.

Ron Jome passed away peacefully on July 10, 2023. His memorial service was held at Community United Methodist on July 14, with Pastor Sam Mack and Pastor Heidi Farmer officiating. Ron was an active member and leader of CUMC for 27 years and will be greatly missed.

June 22, 1937 to July 10, 2023.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2023		1)	2) Office Closed Pastor Heidi on vacation	3) Office Closed Pastor Heidi on vacation 10:00 am Seekers	4) Pastor Heidi on vacation	5) Pastor Heidi on vacation
6) Pastor Heidi on vacation 9:00 am Worship Fellowship	7) Pastor Heidi on vacation	8) Office Closed Pastor Heidi on vacation 5-6:30 pm Food Pantry	9) Office Closed Pastor Heidi on vacation	10) Office Closed 10:00 am Seekers	11)	12)
13) 9:00 am Worship w/ communion Fellowship 10:30 am UWIF Meeting	14) 6:00 pm Worship Team Meeting	15) Office Closed 6:00 pm Education Team Meeting	16) Office Closed 10:00 am Ogden Manor 1:30 pm Faith Circle 7:00 pm Leadership Board	17) Office Closed 10:00 am Seekers 10:00 am Missions Team Meeting	18)	19)
20) <i>Blessings of the Backpacks</i> 9:00 am Worship Fellowship	21) 7:00 pm Glory Circle 	22) Office Closed	23) 	24) 10:00 am Seekers	25)	26)
27) 9:00 am Worship Fellowship	28)	29)	30)	31)	